



January @ Artscape

HIGHLIGHT OF THE MONTH

On 19th January 2020, 18 individuals and a team of 15 Hiranandani employees participated in the **Tata Mumbai Marathon**. They ran for the cause of 'Mental Wellbeing of Cancer patients from lower income backgrounds'. We are grateful to each one of them for the kind support and incredible enthusiasm towards our work.

EXPRESSIVE ARTS THERAPY SESSIONS CONDUCTED



CARE FOR CANCER

Emotional Aid for cancer patients, caregivers, & survivors from lesser resourced homes

7th, 17th, 21st, & 28th January:

On Care Masina Hospital, Mumbai

11th January:

Nana Palkar Smruti Samiti, Mumbai

24th January:

Tata Memorial Hospital, Mumbai

BEYOND ACADEMICS

Life Skills and Value education from children & young adults from underserved communities

22nd January:

Vatsalya Foundation, Mumbai

25th January:

Light of Light Trust, Mumbai

CORPORATE WELLNESS

Mental & Emotional Wellbeing for Corporate organizations

6th, 10th, 22nd January:

RBL Bank, Mumbai

17th Jan:

RBL Bank, Bengaluru

20th Jan:

RBL Bank, Pune

21st Jan:

RBL Bank, Chennai

22nd Jan:

RBL Bank, Hyderabad



SHANTA VALLURY GANDHI, HEAD- HR-CSR, RBL BANK, engaged in an Artscape session, designed for the felicitation programme of leaders from across the country. (10.01.2020)

BENEFICIARIES SPEAK

"We had a very interesting session by Artscape. It was phenomenal and an experience of a lifetime. It taught us how to view our life. I wish the team a many more successes to make a difference in an individual."

**SHANTA
PARTICIPANT, CORPORATE WELLNESS**

"I learned a lot in this session. It helped me to release the tension as well as the fear that I had associated with the disease and I am thankful that I can leave this session feeling happy."

**GEETA
PARTICIPANT, CARE FOR CANCER**

"I learned how to get along with the group. When I join the army, I will adopt this tactic that I learned today."

**SUNNY
PARTICIPANT BEYOND ACADEMICS**

OPEN CIRCLE

In December 2019, Artscape started a series of Open Circles where all individuals are welcome. This is to build a safe space where participants can relax, take the much required me-time out of their hectic schedules, while engaging with different art forms. On January 18th, we had 10 individuals experience the therapeutic power of visual arts.

**IF YOU WISH TO
ATTEND AN OPEN
CIRCLE, LET US KNOW!**

WOULD YOU LIKE TO SUPPORT OUR CAUSE?

VOLUNTEER WITH US

- Photography
- Visual content production
- Donor Management & Fundraising
- PR & Communications
- Budgeting & accounting
- Data analysis

DONATE FUNDS

- Cheque or Online payment
- Go to the link- <http://artscape.in/join-the-movement/contribute/>

