









Artscape



artscape-a-srijon-foundation-initiative

### ABOUT US ARTSCAPE



Artscape is a Non-Profit Organization that works in the field of mental wellness using Expressive Arts Therapy. It aims to enable personal transformation in all individuals for a good quality of life under any given circumstance.

Established in 2015, Artscape is registered as an NGO, with a vision that one day every individual will be in a state of mental well-being and lead a quality life under any circumstance. To achieve this. Artscape was founded by Kamalika Guha Thakurta, who has 20 years of experience in Performing Arts and has formal training in Dance Movement Therapy from Tata Institute of Social Sciences (TISS). Artscape is registered as Srijon Foundation under the Societies Registration Act, 1860 holding a valid 80G certificate and is exempted from income tax u/s 12A of the Income Tax Act, 1961. We are registered with Guidestar and have a valid FCRA certificate.

#### MISSION



To enable a state of Mental Wellbeing in which individuals realize their own potential, recognize their everyday stressors, cope with them, work productively and are able to make fruitful connections with the community at large through Expressive Arts Therapy.

One day all individuals will be in a state of Mental Wellbeing and lead a good quality of life under any circumstance.



#### WHY WE EXIST

- According to the WHO report issued on World Mental Health Day 2019, 7.5% of Indian population suffers from mental disorders. While this number reflects the identified cases, there are many issues that go unidentified and unreported.
- Even though conversations on mental health have caught momentum in comparison to the past, our country still has a long way to go in making it a priority when it comes to overall wellbeing.
- In an effort to advocate and support mental and emotional wellbeing, Artscape actively reached out to the community. We designed and conducted several Expressive Arts Therapy sessions across age-groups and backgrounds through various initiatives elaborated further in the report.

# LETTER FROM ARTSCAPE

Dear Artscape Supporter,

Thank you for believing in our work and standing by us. Your generosity, with expertise, donation and time, allows us to expand our programs and reach out to more lives.

This year we were able to further consolidate our Care for Cancer Program in Guwahati with the support of Tata Trust and the Assam Cancer Care Foundation. Our team and work was recognized and felicitated on several occasions, with special mention of the unique process of expressive arts therapy that we use.

Our Beyond Academics program got an opportunity to extend to the schools under the Thane Muncipal Corporation. Under the umbrella of Project Mumbai, we contributed to the Safe School Initiative launched for both Students and Educators.

This year we decided to increase our beneficiary groups and started "Open Circles", monthly engagement opportunities for anyone looking for emotional management and selfcare.

We are young at 4 years and the road ahead looks promising with conversations around mental wellbeing gaining support among individuals and corporations.

I hope that we can count on your support in the years to come as we move ahead in our journey of impacting lives with empathy, positivity and emotional wellbeing.

With faith & goodwill,

Kamalika Guha Thakurta Founder and CEO Artscape

PS: Do write to me at <u>kamalika.artscape@gmail.com</u> with your thoughts or feedback.

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### 2020 IN REVIEW ARTSO

6,309 Beneficiaries



171 Sessions Conducted



Organizations Reached



Volunteers/Interns Engaged



#### **HIGHLIGHTS**



A year long continuous intervention at Cancer hospitals, Guwahati, in association with Tata Trusts, benefitting 6,365 patients and caregivers.

Led Mental health awareness in 50 Thane **Municipal Corporation schools impacting** 2,045 children as a part of The Smiling Schools project of Project Mumbai.





Organized 5 special events for Diwali celebration and launched Open circle- the first public event for individuals to come and engage in expressive arts therapy.

# PROGRAMMES: ARTSCAPE





The anxiety and uncertainty of a Cancer diagnosis can create extreme disruption in the life of cancer patients and caregivers affecting their physical, psychological, social and financial environment. This disruption leads to feelings of distress which remain unaddressed. These suppressed emotions over a long period of time lead to emotional outbursts, anxiety, depression and slow recovery causing deaths or increased burden on care facilities.

Artscape recognizes the dire need to intervene in this area through its Care for Cancer programme. The objective is to provide a platform to cancer patients, survivors and caregivers to engage and express their emotions, help them relax and enable them to attain a state of mental wellbeina under any given circumstance. This is achieved through Expressive Arts Therapy using Music, Movement, and Meditation & Art. Apart from helping patients, survivors and caregivers engage and express their unaddressed emotions; Expressive Arts Therapy also increases participation, sharing of feelings and social integration of the patients and caregivers. It also increases self-awareness, enables one to identify her/his stressors and provides coping strategies available to deal with their environment. In the short term, the programme provides relaxation and relief which helps the beneficiaries divert their mind off the pain and stress momentarily.

Our programme target population are the low-income cancer patients, survivors, and careaiver from all over India. Hence, it is delivered pro-bono.

# PROGRAMMES: ARTSCAPE





#### PROJECT GUWAHATI IN PARTNERSHIP WITH TATA **TRUSTS**

Artscape, in association with the Tata Trusts, completed twelve months of its intervention in the month of December 2019 at two hospitals of Guwahati: State Cancer Institute (SCI) and Dr. B. Barooah Cancer Institute (BBCI). In January 2019, a team was inducted to work at each of the locations. 4,151 sessions of Expressive Arts Therapy were conducted which engaged 6,365 patients and caregivers. The main objective of the sessions was to nurture a positive mental and emotional wellbeing in order to expedite the process of treatment, recovery, and rehabilitation. Interactions with the beneficiaries were done on a daily, weekly, and a monthly basis; the various expressive art tools used were music, movement, visual arts, and meditation. An evaluation system was put in place to gather feedback after every session. An emotion-centric impact study with concentrated group of participants was conducted in the month of December. Results showed that Art therapy exercises helped participants take control of negative emotions such as anger, sadness, and fear. According to the gathered data, the work was received positively and showed a promising chance for further impact.

# PROGRAMMES: ARTSCAPE BEYOND ACADEMICS





Each day, the pace of today's world is increasing faster than ever. With constant news and occurrences of anti-social elements, inhumanity, and wars, it is crucial to envision and work towards a world run through the power of love, compassion, and respect for each other as well as nature.

Artscape recognizes the dire need to create individuals who are empowered yet compassionate citizens of tomorrow. The Beyond Academics programme focuses on providing value and moral education among school going children for the responsible living. Sessions are designed using tools of Expressive Arts Therapy such as Music, Movement, Meditation & Visual Arts to provide value education and life skills. It helps them connect with their inner-self, understand the values, but also to reflect them in their attitudes and behaviour, and contribute to society through good citizenship and ethics. Beyond Academics enables students to put their best foot forward while stepping into the world despite their circumstances.

The programme provides learners with non-academic benefits such as promoting self-esteem, motivation, aesthetic awareness, cultural exposure, creativity, improved emotional expression, as well as social harmony and appreciation of diversity. The capacity to express oneself through the Arts empowers an individual, helping them take a step to break mental barriers and enables them to become the best version of themselves.

# PROGRAMMES: ARTSCAPE



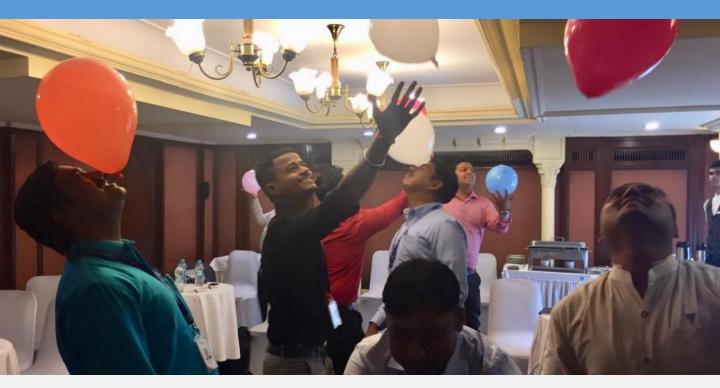


#### THE SMILING SCHOOLS PROJECT IN PARTNERSHIP WITH PROJECT MUMBAI

The project is designed and launched by Project Mumbai to work on Mental health across MCGM and TMC (Thane Municipal Corporation) schools. Artscape is their Monitoring and Implementation partner. We made monthly visits to 50 TMC schools for a duration of 4 months starting December 2019. The objective was to create mental health awareness among teachers and work with them to ensure a safe school climate for all students of grade 5. Our facilitators supported the teachers in carrying out class activities and also conducted teacher and student surveys in the schools located in various regions of Thane.

# PROGRAMMES: ARTSCAPE





Globally, more than 25% of mental illnesses arise due to workplace stress. Job stress has professional and personal consequences. It affects workplace performance, relationship with co-workers and peers, quality of work and their relationships with superiors which trickles into their personal lives too. This disruption leads to feelings of distress which remain unaddressed. These suppressed emotions over a long period of time lead to emotional outbursts, anxiety, and depression causing inefficiency and increases the burden on the organization.

Artscape recognizes the dire need to intervene in this area through its Corporate Wellness programme to provide a platform to engage and express their emotions, help them relax and enable them to attain a state of mental well-being under any given circumstance through Expressive Art Therapy. Sessions are designed using Music, Movement, Meditation & Art. Our sessions ensure introspection, the deeper understanding of personal motives, changes in perspective to facilitate optimum communication, creativity, and efficiency in the workplace.

Sessions are designed to ensure better connection with oneself resulting in better communication, enhanced social interaction and a sense of trust amongst the entire team. The participants leave the session relaxed, stress free, motivated and positive. The fee earned through this module is used entirely to fund the Care for Cancer programme. Our target population is the employees of corporate organization.

### OTHER PROGRAMMES ARTSCAPE

#### **OPEN CIRCLE**



In the current situation of intensely changing cultural, political, and environmental factors, the common man is highly vulnerable to stress, anxiety, and helplessness. Especially due to lack of 'me-time' and 'self-care', the on-goings can be really overwhelming. With this thought in mind, Artscape started a series of sessions based on Expressive Arts Therapy for individuals to relax and connect with their own self.

The sessions are open to all, irrespective of age group, occupation, and environment. It does not require prior experience or knowledge in any of the art forms.

#### **DIWALI**

Most of our beneficiaries come from different parts of India for a better Cancer treatment in Mumbai.

With Diwali being a festival of light and joy, Artscape conducted special sessions for the patients & caregivers to feel a sense of celebration away from home. It included Bhajan singing for the elderly and storytelling through classical dance and music performances for children.



### EVENTS ARTSCAPE

### September 2019 SUICIDE PREVENTION MONTH

was ran an online campaign #YouMatter in September to spread awareness among youth encouraging community members to share their thoughts on why each life matters.



Owning our story and loving ourselves through that process is the

BRAVEST THING THAT WE'LL EVER DO.



# Mahindra Mahind

#### 7th -9th November 2019

#### **MAHINDRA OPEN DRIVE 2019**

We had the opportunity to be a participating charity at Mahindra's first-of-its-kind fundraiser. It involved a collective road trip to Goa and a music concert there. The ticket money of the concert was donated to charities.

#### January 2020

#### TATA MUMBAI MARATHON 2020

We participated in the Asia's biggest marathon for the third time in a row. Like last year, we were fortunate to have Hiranandani group raising funds for our Care for Cancer programme. Their team of 15 employees ran for us.



#### 63.82 63.82 83.283 83.280 83.283 83.285

### January 2020 DREAM RUN

For the first time, Artscape also had the support of 22 individuals who fundraised and ran for our cause in the dream run category (5.9 kms) at Tata Mumbai Marathon. We are deeply grateful for all the love and support.

### OUR MODEL ARTSCAPE



Identify and collaborate with NGOs/ Corporates that can leverage the benefits of Expressive arts therapy

1

2

Identify the needs of the participating population in close liaison with all the stakeholders





Plan objectives duration of the program, and design a series of sessions based on various expressive arts tools

3

4

Trained facilitators carry out the sessions for the planned duration





Regular monitoring with feedback after each session, monthly reports, and impact studies at the end of the intervention

5

### OUR PROCESS ARTSCAPE

#### **EXPRESSIVE ARTS THERAPY**

Different forms of expressive art - music, movement, drama, visual arts, and several other tools are used to create a safe space for individuals to engage and express their emotions non-verbally. The creative process helps one connect with their own self, thereby facilitating growth and healing.



- Creative natural movement
- Body awareness
- Improvisation

#### **MOVEMENT**

#### **MEDITATION**

- · White light meditation
- Breathing exercises
- Breath awareness





- Singing
- Chanting
- Listening to music
- Creating Rhythm

#### **MUSIC**

### VISUAL ARTS

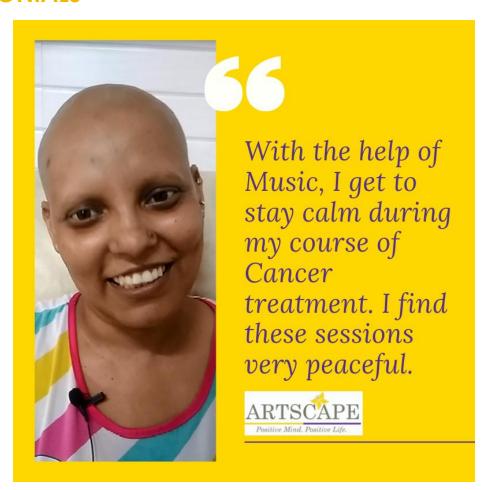
- Dramatics
- Story telling
- Collage making
- Coloring/painting
- Puppetry
- Clay modelling
- Creative writing



#### CARE FOR CANCER

The sessions under this programme are mostly one-time interventions. Based on the feedback and testimonials received from the participants, the sessions were received well and brought a significant shift in their body language and demeanour. It brought them calmness, peace, and put their bodies and mind at ease. They were able to forget their physical pain as well- which is what Expressive Arts as a diversional form of therapy aims to achieve.

#### **TESTIMONIALS**



### IMPACT ARTSCAPE

#### **TESTIMONIALS**



"Today, inspite of my illness, I came here to see what is going on and I feel lucky to have attended this session. I can't speak because of my throat surgery. But today after the session, I got a new hope, a new strength for the rest of my life. Thank you for giving me this energy."

- Participant, Group therapy. Cancer Survivor

#### **BEYOND ACADEMICS**

In addition to the ongoing Arts education programme with children of Light of Life Trust (in collaboration with Flowering Tree Inc.), the two major projects under this programme were with **young adults** from remand home (in collaboration with Healing Dove foundation) and with street children (Vatsalya Foundation). Different objectives were achieved.

- Focus
- Gratitude
- Problem Solving

- Emotion management
- Communication
- Leadership development
- Self-awareness and care



"I have learned so much about focus and concentration in these sessions. I try to implement it while studying. I practice focus by standing in the garden and paying attention at a certain object for a long duration."

- Participant

"I feel thankful that didi (facilitator) comes and makes us reflect. From not knowing myself at all, I can at least talk about my emotions."

Participant

#### **CORPORATE WELLNESS**

Different objectives were achieved-self-care, self-awareness, relaxation, de-stress, etc. The sessions gave corporate employees a break from monotony and allowed them the time to pause and reflect on self.



"We always talk about self awareness but this International Women's Day thanks to Artscape, we could actually do something about it. The session packed with energy and positivity was a welcome break for us working women lost in the rigmaroles of the daily routine! A truly wonderful way to bring out the superwomen in all of us!"

-Manager HR, Alliance Tire Groups

"We had a very interesting session by Artscape. It was phenomenal and an experience of a lifetime. It taught us how to view our life. I wish the team a many more successes to make a difference in an individual."

-Head HR and CSR, RBL Bank

# AWARDS & ARTSCAPE



The Care for Cancer project in Guwahati was given "Award of Appreciation for its contribution to ailing Cancer patients of BCCI" by Dr. B. Barooah Cancer Institute, Assam, Govt. of India, Unit of Tata Memorial Center.

#### The project also received media recognition:

The Sentinal Assam

#### **Art Therapy To Combat Depression Among Cancer Patients**



GUWAHATI: The Department of Palliative Medicine at Dr B Borooah Cancer Institute (BBCI) organized a program "Expressive Art Therapy" in association with ARTSCAPE, Mumbai on February 28, 2019. The program was conducted in the auditorium of the Institute for the benefit of Cancer patients and relatives. Altogether 70 cancer patients and their attendants participated in the program. ARTSCAPE in association with Dr B Borooah Cancer Institute recognizes the dire need to intervene in this area through its care for Cancer patients. The program was conducted to provide a platform to cancer patients, survivors and caregivers to engage and express their emotions, help them relax and enable them to attain a state of mental well being under any given circumstance through Expressive Art Therapy, further stated Dr Bhagabati.

#### **Assam Cancer Care Foundation**

Assam Cancer Care Foundation observes World Rose Day 2019: Brings happiness into the lives of cancer patients



Special events were organised to give strength to those suffering from cancer. Rose, a symbol of love, tenderness and concern, were offered to the cancer patients to give them strength to fight against cancer.

The following events were organised to raise their spirit to fight against cancer with day-long celebrations:

- · Talks by doctors, survivors and patients
- Distribution of roses and juice
- Artscape programme (meditation / healing touch / some other activities with props and ribbons)

It was amazing to observe all the patients participate in all the activities with their unquenchable spirit, which made the event a success.

#### **Asomiya Pratidin:**

Expressive Art Therapy - An exceptional step by State cancer institute for mental wellbeing of the patients.

#### আৰ্ট থেৰাপিঃ মানসিক অৱসাদ দূৰ কৰিবৰ বাবে ষ্টেট কেন্সাৰ চিকিৎসালয়ত বিশেষ কার্যসূচী...



🌠 অসমীয়া প্ৰতিদিন ৰ ৱাৰা 🔝 Mar 18, 2019 ত শেষ সম্পাদনা কৰা হৈছে

**ডিজিটেল সংবাদ, গুৱাহাটীঃ** মহানগৰীৰ ষ্টেট কেন্সাৰ চিকিৎসালয়ত সোমবাৰে 'পেইন আৰু পেলিয়েটিভ' বিভাগে আয়োজন কৰে 'এক্সপ্ৰেছিভ আৰ্ট থেৰাপী' নামৰ এক অনুষ্ঠানৰ। মুম্বাইৰ এটি সংস্থাই পৰিৱেশন কৰা এই অনুষ্ঠানটো অনুষ্ঠিত হয় চিকিৎসালয়ৰ ৪ নং মহল থকা ভৌতিক চিকিৎসা বিভাগৰ কক্ষত। এই অনুষ্ঠানটোত চিকিৎসালয় খনত কৰ্মৰত চিকিৎসক-নাৰ্চৰ লগতে অংশগ্ৰহণ কৰে ৰোগী তথা ৰোগীৰ পৰিয়ালবৰ্গইয়ো।

এই অনুষ্ঠানটিৰ মূল উদ্দেশ্যই আছিল যে, চিকিৎসালয়ৰ পৰিৱেশ সৈতে জড়িত সকলো ব্যক্তিৰ মনৰ পৰা অৱসাদ দূৰ কৰি মানসিক ভাৱে সৃষ্টিৰতা আৰু উৎসাহ বৃদ্ধি কৰা। উল্লেখ্য যে, এনে অনুষ্ঠান চিকিৎসালয়খনত প্ৰায়েই অনুষ্ঠিত হয়।ইয়াৰ পূৰ্বেও চিকিৎসালয়খনত ৩ বাৰকৈ এনে অনুষ্ঠান অনুষ্ঠিত হৈছিল।

# AWARDS & ARTSCAPE

On 8th March 2019, founder of Artscape- an undertaking of Srijon Foundation, Kamalika Guha Thakurta, was felicitated by Union Bank of India as the 'Woman Entrepreneur of the Year'.



### OUR TEAM ARTSCAPE

#### **CORE TEAM**



**Kamalika Guha Thakurta**Founder and Director



**Ravikant Upadhyay** Manger - Admin



Sanjeevani Jain Manager -Programmes



**Sakhshi Joshi** Asst. Manager -Programmes



**Tiyasha Sengupta**Asst. Manager Programmes

#### **GUWAHATI PROJECT 2019 – CARE FOR CANCER**

**Poonam Doley** 

Manager

Pranami Sarma

Asst. Manager

**Avinash Chennuri**Social Media Manager

#### **FACILITATORS**

- Aishani Shah
- Sharmishtha Basu
- Komal Ratanpal
- Charvi Budhdeo
- Atteet Bhandari
- Sejal Bhatt Paleja
- Pallavi Deshmukh
- Aditya Garud
- Sanjeevani Jain

- Kamalika Guha Thakurta
- Divya Toshniwal (Delhi)
- Angira Chakravarty (Kolkata)
- Shivangi Lakhlani (Chennai)
- Aarhie Kaushik (Bengaluru)
- Nikita Shah (Vadodara)
- Renelle Snelleksz (Pune)

# OUR TEAM ARTSCAPE

#### **BOARD**

Name	Position	Sex	Occupation	Area of Competency
Mr. Rajnish Lall	President	M	Business	Management
Mrs. Kamalika Guha Thakurta	Secretary	F	Service	Social Work
Mr. Arjun Guha Thakurta	Treasurer	M	Banking	Finance
Mrs. Shirsha Guha Thakurta	Member	F	Business	Design & Communication
Mrs. Nilanjana Sen	Member	F	Banking	Finance
Mr. Soumya Guha Thakurta	Member	M	Banking	Finance
Mr. Tapobroto Sarkar	Member	M	Banking	Finance

### OUR TEAM ARTSCAPE

#### **VOLUNTEERS**

- Swati Wadekar
- Aadita Vyas
- Kiran Londhe
- Amju Kurien
- Uttama Pandit
- Pruthvi Shah
- Derrick Braganza
- Kulpreet Kaur
- Arun Chatterjee
- Nishtha Lall

- Rashi Sanghvi
- Ashutosh Gehlot
- Aamir Khatri
- Purujit A
- Vani Arun
- Reet Sahani
- Pooja Italia (Intern)
- Jahnavi Shah
- Partha Pratim Chatterjee
- Ankit Kumawat

### OUR PARTNERS ARTSC

#### **PARTNERS**

- 1. V-Care Foundation
- 2. Nana Palkar Smruti Samiti 13. Flowering Tree Inc.
- 3. Tata Memorial Hospital
- 4. Tata Trusts
- 5. Indian Cancer Society
- 6. Cancer Patients' Aid **Association**
- 7. Wadia Hospital
- 8. N.K. Dhabhar Cancer **Foundation**
- 9. Dr. Ernest Borges **Memorial Home**
- 10. State Cancer Institute, Guwahati
- 11. Dr. B. Barooah Cancer Hospital, Guwahati

- 12. Light of Life Trust
- 14. Vatsalya Foundation
- 15. Asha Kiran- Maharashtra **Women State Council**
- 16. Healing Dove Foundation
- 17. Project Mumbai
- 18. RBL Bank
- 19. HUL
- 20. Hiranandani Group
- 21. Alliance Tire Group
- 22. Indiacast
- 23. United Way Mumbai
- 24. Eureka Forbes- Euroables

Registration No.

F 54605.

Name of the Public Trust SRIJON FOUNDATION.

For the year ending

31.03.2020

(a) Whether accounts are maintained regularly and in accordance with the provisions of the Act and the rules;	YES
(b) Whether receipts and disbursements are properly and correctly shown in the accounts;	YES
(c) Whether the cash balance and vouchers in the custody of the manager or trustee on the date of audit were in agreement with the accounts;	YES
(d) Whether all books, deeds, accounts, vouchers or other documents or records required by the auditor were produced before him;	YES
(e) Whether a register of movable and immovable properties is properly maintained, the changes therein are communicated from time to time to the regional office, and the defects. and inaccuracies mentioned in the previous audit report have been duly compiled with;	, NO
(f) Whether the manager or trustee or any other person required by the auditor to appear Before him did so and furnished the necessary information required by him;	YES
(g) Whether any property or funds of the Trust were applied for any object or purpose other than the object or purpose of the Trust;	NO
(h) The amounts of outstanding for more than one year and the amounts written off, if any;	NIL
<ul><li>(i) Whether tenders were invited for repairs or construction involving expenditure exceeding Rs. 5,000/-;</li></ul>	NO
<ul><li>(j) Whether any money of the public trust has been invested contrary to the provisions of Section 35;</li></ul>	NO
<ul> <li>(k) Alienations, if any, of the immovable property contrary to the provisions of Section 36 which have come to the notice of the auditor;</li> </ul>	NO
(I) All cases of irregular, illegal or improper expenditure, or failure or omission to recover monies or other property belonging to the public trust or of loss or waste of money or other property thereof, and whether such expenditure, failure, omission, loss or waste was caused in consequence of breach of trust or misapplication or any other misconduct on the part of the trustees or any other person while in the management of the trust;	NIL
(m) Whether the budget has been filed in the form provided by rule 16A;	YES.
(n) Whether the maximum and minimum number of the trustees is maintained;	YES
(o) Whether the meetings are held regularly as provided in such instrument;	YES
(p) Whether the minute books of the proceedings of the meeting is maintained;	YES
(q) Whether any of the trustees has any interest in the investment of the trust;	NO
(r) Whether any of the trustees is a debtor or creditor of the trust;	NO
(s) Whether the irregularities pointed out by the auditors in the accounts of the previous year have been duly complied with by the trustees during the period of audit;	N.A.
(t) Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner.	NIL

Dated at 31/12/2020

TAX PRINT, 177 Perin Nariman (Bazargate) Street, Fort, Mumbai - 400 001. Phones: 2269 3321 • 2269 5676.



**Chartered Accountant** Auditor (M. No. 037971)

Statement of income liable to contribution for the year ending 31/03/2020

Name of the Public Trust: SRIJON FOUNDATION.

Registered No. F 54605.

	Rs.	P.	Rs.	P.
Income as shown in the Income and Expenditure Account (Schedule IX)			72047	777.19/
I. Items not chargeable to Contribution under Section 58 and Rules 32 :				
(i) Donations received from other public Trusts and Dharmadas				
(ii) Grants received from Government and Local authorities				
(iii) Interest on Sinking or Depreciation Fund				
(iv) Amount spent for the purpose of secular education	6147	467.16/-		
(v) Amount spent for the purpose of medical relief				
(vi) Amount spent for the purpose of veterinary treatment of animals				
(vii) Expenditure incurred from donations for relief of distress caused by scarcity, drought, flood, fire or other natural calamity				
(viii) Deductions out of income from lands used for Agricultural purposes :-				
(a) Land Revenue and Local Fund Cess (b) Rent payable to superior landlord (c) Cost of production, if lands are cultivated by trust				
(ix) Deductions out of income from lands used for Non-agricultural purposes :-				
(a) Assessment, cesses and other Government or Municipal Taxes				
(b) Ground rent payable to the superior landlord (c) Insurance premia				
(d) Repairs at 10 per cent of gross rent of building		1		
(e) Cost of collection at 4 per cent of gross rent of buildings let out				
(x) Cost of collection of income or receipts from securities,				
stocks, etc. at 1 per cent of such income				
(xi) Deductions on account of repairs in respect of buildings		1		
Not rented any yielding no income, at 10 per cent of.				
The estimated gross annual rent				
Amount liable for	Contribut	ion:		
Gross Annual Income chargeable t			1057	310.03

Certified that while claiming deductions admissible under the above Schedule, the Trust has not claimed any amount twice, either wholly or partly, against any of the items mentioned in the Schedule which have the effect of double – deduction.

Trust Address: 401/402, HIBISCUS PANCH MARG,

OFF. YARI ROAD, ANDHERI – (WEST), MUMBAI – 400 061. Dated: 31/12/2020

Chartered Accountant Auditor (M. No. 037971)

President

For SRIJON FOUNDATIO

Dated: 31/12/2020

TAX PRINT, 177, Perin Nariman (Bazargate) St., Fort, Mumbai – 1. Phones: 22693321 • 22695676

For SRIJON FOUNDATION

Laulie John Third

Secretâry

For SRIJON FOUNDATION

A Gula Tackuta

Treasurer

#### FORM NO. 10B

[See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions —

\*I/We have examined the balance sheet of

**SRIJON FOUNDATION** 

[name of the <i>trust</i> or institution]	
31/03/2020 as at	expenditure account for the year
ended on that date which are in agreement with the books of account institution.	
*I/We have obtained all the information and explanations knowledge and belief were necessary for the purposes of the audit. In account have been kept by the head office and the branches of the above by *me/us so far as appears from *my/our examination of the books, as purposes of audit have been received from branches not visited by *me/below: -	*my/our opinion, proper books of ve-named *trust/institution visited nd proper returns adequate for the
The Particulars are set forth in the annexure are as per the inform the Trustee of the above Trust.	ation and explanations given by
In *my/our opinion and to the best of *my/our information, and *me/us, the said accounts give a true and fair view —	according to information given to
(i) in the case of the balance sheet, of the state of affairs of the 31/03/2020	above named *trust/ institution as
at, and	
(ii) in the case of the income and expenditure account, of the syear ending 31/03/2020	surplus or deficit of its accounting
on	
The prescribed particulars are annexed hereto.	K VErminge
MUMBAI	
Place31/12/2020	
Date	Signed
	Accountant @ (M. No. 037971)
	(======================================

#### Notes:

- 1. \* Strikeout whichever is not applicable.
- 2 @ This report has to be given by-
  - (i) a chartered accountant within the meaning of the Chartered Accountants Act, 1949 (38 of 1949); or
  - (ii) any person who, in relation to any State, is, by virtue of the provisions of sub-section (2) of section 226 of the Companies Act, 1956(1 of 1956), entitled to be appointed to act as an auditor of the company registered in that State.
- 3. Where any of the matters stated in this report is answered in the negative, or with a qualification, the report shall state the reasons for the same.

#### ANNEXURE STATEMENT OF PARTICULARS

#### I. Application of Income for charitable or religious purposes

I. Application of Income for charitable or religious purposes	
1. Amount of income of the previous year applied to charitable or religious purposes in India during that year	Rs 6222167/-
2. Whether the trust/institution* has exercised the option under clause (2) of the Explanation to section 11(1)? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year	NIL
3. Amount of income accumulated or set apart * for application finally set apart to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust wholly * for such purposes. in part only	Rs 1080717/-
<b>4.</b> Amount of income eligible for exemption under section 11(l)(c) (Give details)	NIL
<b>5.</b> Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2)	NO
<b>6.</b> Whether the amount of income mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b)? If so, the details thereof	NIL
7. Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(1B)? If so, the details thereof	NIL
<b>8.</b> Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year —	
<ul> <li>(a) has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or</li> </ul>	NIL
(b) has ceased to remain invested in any security referred to in section $11(2)(b)(i)$ or deposited in any account referred to in section $11(2)(b)(ii)$ or section $11(2)(b)(iii)$ , or	NIL
(c) has not been utilized for purposes for which it was accumulated or set apart during the period for which it was	NIL

to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof

#### II. Application or use of income or property for the benefit of persons referred to in section 13 (3)

1. Whether any part of the income or property of the \*trust/ institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (hereinafter referred to in this Annexure as such person)? If so, give details of the amount, rate of interest charged and the nature of security, if any

2. Whether any land, building or other property of the \*trust/ institution was made, or continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any

3. Whether any payment was made to any such person during the previous year by way of salary, allowance or otherwise? Rs 11,78,750 Rs 11,78,750

**4.** Whether the services of the \*trust/institution were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received, if any

NIL

NIL

NIL

**5.** Whether any share, security or other property was purchased by or on behalf of the \*trust/institution during the previous year from any such person? If so, give details thereof together with the consideration paid

NIL

**6.** Whether any share, security or other property was sold by or on behalf of the \*trust/institution during the previous year to any such person? If so, give details thereof together with the consideration received

NIL

7. Whether any income or property of the \*trust/institution was diverted during the previous year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted

NIL

**8.** Whether the income or property of the \*trust/institution was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details \* Strike out whichever is not applicable.

NIL

=III. Investments held at any time during the previous year(s) in concerns in which persons referred to in section 13 (3) have a substantial interest.

Sr.No.	Name & Address Of the concern	Where the concern Is a company, number and class of shares held	Nominal value of The investment	Income from the Investment	Whether the amount in col. 4 exceeded 5 percent of the capital of the concern during the previous year – say, Yes / No.
1	2	3	4	5	6
NIL	NIL	NIL	NIL	NIL	NIL
Total					

MUMBAI Place	ACCOUNTINGS	K V Craninger
31/12/2020		
Date		Signed
		Accountant
		(M. No. 037971)

SCHEDULE IX [ Vide Rule 17 (1) ]

Name of the Public Trust : SRIJON FOUNDATION

Income & Expenditure Account for the period end	ing 31st March, 20	020		Registra	ation No. F 54605
EVDENDIEUDE	AMOUNT	AMOUNT	INCOME	AMOUNT	AMOUNT

To Expenditure in respect of properties:- Rates, Taxes, Cesses Repairs and Maintenance Salaries Insurance Depreciation (by way of provision of adjustments)  Other Expenses  To Establishment Expenses  To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Amount written off: (a) By Rent  (accrued) By Interest (realised)  By Interest (realised)  AMOUNT  INCOME  (accrued) By Rent (accrued) By Interest (realised)  Fon Securities  On Loans  On Loans  On IT Refund On Bank Account  Securities  Do It Refund Securities  To Audit Fees  To Contribution and Fees  To Amount written off: (a) By Dividend  By Dividend  By Donations  By Donations	
Rates, Taxes, Cesses Repairs and Maintenance Salaries Insurance Depreciation (by way of provision of adjustments)  Other Expenses  To Establishment Expenses  To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
Repairs and Maintenance Salaries Insurance Depreciation (by way of provision of adjustments)  Other Expenses  To Extablishment Expenses  To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  (accrued)  By Interest  (accrued)  (accrued)  Fank Interest  (b) Loans  (c) By Donations	
Salaries Insurance Depreciation (by way of provision of adjustments)  Other Expenses  To Establishment Expenses  To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house - hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  By Interest  (accrued) (realised)  To Anoth Interest (realised)  To No Securities  On Loans  - On IT Refund On Bank Account  59,334.00  By Dividend  By Dividend  By Donations	
Insurance Depreciation (by way of provision of adjustments)  Other Expenses  To Establishment Expenses  To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  By Interest (accrued)  Fank In	
Depreciation (by way of provision of adjustments)  Other Expenses  To Establishment Expenses  On Securities  On Loans  To Remuneration to Trustees  On IT Refund On Bank Account  To Legal Expenses  To Audit Fees  To Contribution and Fees  To Amount written off: (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
adjustments) Other Expenses  To Establishment Expenses On Securities  To Remuneration to Trustees On Loans To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses To Audit Fees To Contribution and Fees To Amount written off: (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  (realised)  (realised)  (realised)   By Dividend   To Amount writtes  Do Accurities  On Loans  On IT Refund  On Bank Account  Sep. 334.00  Sep. 334.00  Sep. 334.00  By Dividend  By Donations	
Other Expenses  To Establishment Expenses  To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  By Donations  On Securities  - On Loans  - On IT Refund	
To Establishment Expenses  To Remuneration to Trustees  On Loans  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
To Remuneration to Trustees  To Remuneration (in the case of a math) to the head of the math, including his house hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  By Donations  By Donations	
To Remuneration (in the case of a math) to the head of the math, including his house - hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
To Remuneration (in the case of a math) to the head of the math, including his house - hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
the head of the math, including his house - hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
hold expenditure, if any  To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
To Legal Expenses  To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  By Donations	63,314.00
To Audit Fees  To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  By Donations  By Donations	
To Contribution and Fees  By Dividend  To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  By Donations  By Donations	i
To Amount written off:  (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents  By Donations  By Donations	
(a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
(a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents	
(b) Loan Scholarship (c) Irrecoverable Rents	40.70.070.40
(c) Irrecoverable Rents	19,73,876.19
(1) O.1 T.	
(d) Other Items By Grants	
To Miscellaneous Expenses	
By Income from other sources (in details	
To Depreciation 26,556.84 as far as possible)	
a) Fees	
b) Sponsorship	
c)Program 17,99,876.00	,
d)Session 33,67,711.00	
	'
To Amount transferred to Reserve of Less:	
Specific Funds Expenses	51,67,587.00
To Expenditure on Objects of the Trust	
(a) Religious	
(b) Educational - (As per Overlef) 61,47,467.16 By Transfer from Reserve	
(c) Medical Relief	
(d) Relief of Poverty	1
(e) Other Charitable Objects	1
To Surplus carried over to Balance Sheet 10,30,753.19 By Deficit carried over to Balance Sheet	
Total Rs 72,04,777.19 Total Rs	

As per our report of even date K V Craminged

Dated at 31 Dec ,2020

Chartered Accountants Auditors

For SRIJON FOUNDATION

Autile Jule Thelida

Secretary

+Strike off whichever is not applicable

Dated at 31 Dec 2020

For SRIJON FOUNDATION

Treasurer

For SRIJON FOUNDA

#### **EXPENDITURE** RS. To **Expenditure on object of the Trust**: **Educational**: Salaries 7,25,300.00 Commission Artscape 40,84,821.00 Bank Chg 9,452.16 Printing & Stationery 97,511.00 Rent Paid 4,21,873.00 Advertisement 43,444.00 Hall Rent 12,263.00 Programme Exp 5,18,964.00 Travelling & Conv Expenses 1,56,380.00 Office maintenance 62,411.00 Telephone exp 15,048.00 Professional fees Website expense

TOTAL:

61,47,467.16

Name of the Public Trust : SRIJON FOUNDATION

<b>FUNDS &amp; LIABILITIES</b>	AMOUNT	AMOUNT	PROPERTY AND ASSETS	AMOUNT	AMOUNT
Trust Funds or Corpus :-			Immovable Properties:- (at cost) BUILDING		
Balance as per last Balance Sheet	87,400.00		Balance as per last Balance Sheet		
1	, , , , , , , , , , , , , , , , , , ,		Additional during he year		
Add: Received during the year	_	87,400.00	Less: sale during the year		
Tida (Tida) (Tida)		07,100100	Depreciation up to date		
			Invesments:-		
			Note: The market value of the above		
Other Earmarked Funds :-			investments is Rs.		
			l e e e e e e e e e e e e e e e e e e e		1 27 970 15
(Created under the provision of the trust			Furniture & Fixtures :- (As per Overleaf)		1,36,869.15
deed or scheme or out of the Income)			Balance as per last Balance Sheet		
Depreciation Fund			Additions during the year		
Sinking Fund			Less: Sales during the year		
Reserve Fund			Depreciation for the year		
Any other Fund (cancer research center)			Loans (Secured or Unsecured) : Good /		
			doubtful: - Loan Scholarship		
Loans (Secured or Unsecured) :-			Other Loans		
From Trustees			Advances:-		
From Other			To Trustees		
			To Employees		
Liabilities :-			To Contractors		
For Expenses		73,475.00	To Lawyers <b>Deposits</b>		
For Advances		70,173.00	To Others - Advance - TDS F.Y.12-13	9.000.00	
For Rent and Other Deposits			- TDS F.Y.13-14	500.00	
For Sundry Credit Balance			- TDS F.Y.14-15	11,200.00	
For Sulldry Credit Balance			l e e e e e e e e e e e e e e e e e e e	1 '	
			- TDS F.Y.18-19	2,61,920.00	
			- TDS F.Y.19-20	3,23,623.00	
			- Security Deposit	57,989.00	
			- Artscape	2,74,860.00	9,39,092.00
			Income Outstanding :-		
			Rent		
			Interest		
			Other Income		
			Cash and Bank Balances: (As per Overleaf)		20,01,152.86
			a) In Current Account		20,01,152.00
Income and Expenditure Account :-		20 16 220 01	In Fixed Deposit Account with		
Income and Expenditure Account :-		29,16,239.01			
D. 1 . D. 1 . Cl	40.05.405.00		b) with the trustee		
Bal. as per last Balance Sheet	18,85,485.82		c) with the Manager		
Less: Appropriation, if any	-		Income and Expenditure Account :-		
			Balance as per Balance Sheet	1	
Add : Surplus as per Income and	10,30,753.19		Less: Appropriation, if any		
Less: Deficit Expenditure Account	-		Add: Deficit as per Income and	l	-
			Less: Surplus Expenditure Account		
Total Ds	1	20 77 114 01	Total De	1	20 77 114 01

As per our report for even date

30,77,114.01

Dated at 31 Dec ,2020.



Total Rs....

Chartered Accountants
Auditors

Cuelike Jule Thelida Secretary

+ Income Outstanding: (if accounts are kept on cash basis)

Rent :
Interest :
Other Income :

Other Income : TOTAL Rs. :

The above Balance Sheet to the best of my/our belief contains a true account of the Funds and Liabilities and of the Property and Assets of the

Total Rs....

30,77,114.01

Trust.

Dated at 31 Dec,2020 .

A. Gula Tec

For SRIJON FOUNDATION

Treasurer

<u>ASSETS</u>	•	
Camera Add : additions	10,035.33	
Less : Depreciation @ 15%	10,035.33 1,505.30	8,530.03
Electronic Tanpura Add : additions	2,262.90	
Less : Depreciation @ 15%	2,262.90 339.44	1,923.47
Ornaments Add : additions	18,450.00 -	18,450.00
Tabla Add: additions	6,034.40	
Less : Depreciation @ 15%	6,034.40 905.16	5,129.24
Harddisk Add : additions	3,910.00 10,000.00	
Less : Depreciation @ 15%	13,910.00 1,786.50	12,123.50
Harmonium Add: additions	10,648.93 35,000.00	
Less : Depreciation @ 15%	45,648.93 6,847.34	38,801.59
Scanner Add : additions	3,633.75	
Less : Depreciation @ 15%	3,633.75 545.06	3,088.69
Speaker Add : additions	9,525.65 9,200.00	
Less : Depreciation @ 15%	18,725.65 1,404.42	17,321.23
<b>Fan</b> Add : additions	665.56	
Less : Depreciation @ 15%	665.56 99.83	565.73
<b>Laptop</b> Add : additions	23,559.47 2,500.00	
Less : Depreciation @ 40%	26,059.47 10,423.79	15,635.68
<b>Tanpura</b> Add : additions	18,000.00	
Less : Depreciation @ 15%	18,000.00 2,700.00	15,300.00
	TOTAL:	1,36,869.15
Cash & Bank Balance:		RS.
ICICI BANK		3,29,872.00
HDFC BANK		3,27,355.88
RBL BANK		10,54,888.00
Cash on hand		2,89,036.98
	TOTAL:	20,01,152.86







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